

Review your assessment(s). Take 15-20 minutes to reflect, dream and brainstorm. What areas of your life need attention? What is God asking you to accomplish over the next 6-12 months? Write your thoughts, observations and take-a-ways below.

THE 5F'S	THOUGHTS - OBSERVATIONS - TAKE-A-WAYS
FAITH	
FAMILY	
FRIENDS	
FITNESS	
FINANCES	