



Session 1: Why Men Should Talk About Relationships

"Iron sharpens iron and one man sharpens another." Proverbs 27:17"

MAIN TAKEAWAYS:

- Forging spiritual friendship is an intentional process
- Forging spiritual friendship takes hard work
- Spiritual friendship requires vulnerability and trust
- Spiritual friendship makes us better men
- Spiritual friendship takes commitment
- Initiate action to begin healthy friendship

1. How would you describe the health of your current friendships?
2. Why and how is spiritual friendship so important?
3. What are your challenges in developing spiritual friendships?
4. How do seasons of life impact the need for and challenge of friendship?
5. Take time to evaluate, identify and initiate spiritual friendship in your own life and discuss the impact of that process.



Session 2: The Essentials of Friendship

“A man of many companions may come to ruin, but there is a friend who sticks closer than a brother.” Proverbs 18:24

MAIN TAKEAWAYS:

- Spiritual friendships equip us to pursue God's will
- Friendship is essential to our character
- Friendship is essential to our design
- Friendship is essential to spiritual sharpening

-
1. How does the Bible redefine relationships according to Mark 3:35 and Proverbs 18:24?
 2. Share about one man in your life who has helped you better pursue God's will.
 3. Why and how is character formed in community with others?
 4. What is the impact of not living as “one body” on myself and to others?
 5. What does it look like to have the Bible as part of spiritual friendship?



Session 3: Six Attributes of Friendship

“We always thank God, the Father of our Lord Jesus Christ, when we pray for you, since we heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven.” Colossians 1:3-5

MAIN TAKEAWAYS:

- Friends share a mission
- Friends can be trusted
- Friends see and meet needs
- Friends stand with us
- Friends exhort & restore appropriately
- Friends serve each other

1. Which attribute is most challenging for you to live out in your friendships?
2. If you ordered them, which attributes are most important for you right now? Why?
3. Which of the attributes do you need to display the most in friendship right now? Why?
4. Have there been moments you have needed the other unmentioned characteristics?



Session 4:

The Older Confidant: Jonathan to David

“As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul.” 1 Samuel 18:1

MAIN TAKEAWAYS:

- Their Soulful Connection
- Their Selfless Commitment
- Their Enduring Loyalty

-
1. What dynamic of Jonathan and David's relationship strikes you the most?
 2. Who is an older confidant that has spoken into your life?
 3. What kinds of things did this man do or say that has guided you?
 4. Of the three qualities discussed, which do you need most right now and why?
 5. Do you currently have an older confidant in your life? If not, what step will you take to identify and initiate that relationship?
 6. Are you an older confidant to another man? If not, how can you be this friend?



Session 5:

The Spiritual Advocate: Barnabas to Paul

“But Barnabas took him and brought him to the apostles and declared to them how on the road he had seen the Lord, who spoke to him, and how at Damascus he had preached boldly in the name of Jesus.” Acts 9:27

MAIN TAKEAWAYS:

- Champion Moments
- Partner Moments
- Disagreeable Moments

1. What dynamic of Barnabas and Paul’s relationship strikes you the most?
2. Share a time in your life that someone has gone to bat for you – or a situation when you needed that but didn’t have someone on your side. What was the result?
3. Do you have a friend that will champion you?
4. How and why is partnership in your purpose effective and necessary?
5. How can separation from a friendship be hard, but how can it be healthy?
6. Who and how do you need to be a spiritual advocate for another man in your life?



Session 6: The Directional Mentor: Paul to Timothy

“You, however, have followed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions and sufferings that happened to me at Antioch, at Iconium, and at Lystra - which persecutions I endured; yet from them all the Lord rescued me.” 1 Timothy 3:10-11

MAIN TAKEAWAYS:

- The Parent Phase
- The Pupil Phase
- The Partner Phase

1. What dynamic of Paul and Timothy's relationship strikes you the most?
2. Share about a mentor who has had an impact in your life and how you saw each of these phases play out.
3. If you are currently in a mentoring relationship, describe what phase you are in.
4. If you are not currently in a mentoring relationship, describe the value it would bring to your life and the challenges that are holding you back from pursuing it.
5. Take time to evaluate, identify and initiate a mentorship relationship in your own life and discuss the impact of that process.
6. How is “multiplying mentorship” crucial to God's mission and how are you participating in that call today? What are the reasons and challenges to