

On this retreat, you'll get to know your fellow Equilibrium Journeyman. Make a point to focus on the man you've been assigned - listen to his story, take note of his strengths and think about how you can challenge/encourage him. During your solitude, write a 200 - 300 word letter. You will read this to him at the end of the retreat. The letter should be encouraging, challenging and inspiring. Focus on his strengths and his attributes. It should be a blessing!



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