



Equilibrium – Sample Agenda

Day 1 Agenda

4:00 pm – Journeymen Arrival
5:00 pm – 5:45 pm – Session 1
6:00 pm – 6:45 pm – Dinner
7:00 pm – 7:30 pm – Session 2
7:30 – 7:55 pm – Complete Exercise #1
8:00 pm – 9:00 pm – Exercise #1 Presentations

Wrap up by 10:00 pm

Day 2 Agenda

8:00 am – 8:30 am – Breakfast
8:30 am – 9:10 am – Session 3
9:10 am – 9:30 am – Complete Exercise #2
9:30 am – 10:00 am – Exercise #2 Presentations
10:00 am – 10:45 am – BREAK
10:45 am – 11:30 am – Session 4
11:30 am – 12:30 pm – Lunch
12:30 pm – 4:30 pm – Free Time
4:30 pm – 5:00 pm – Session 5
5:00 pm – 6:30 pm – Complete Exercise #3
7:00 pm – 7:45 pm – Dinner
8:00 pm – 11:00 pm – Free Time and Campfire

Day 3 Agenda

8:30 am – 9:00 am – Breakfast
9:00 am – 10:15 am – Session 6
10:30 am – Group Photo
12:00 pm – Adjourn