



FRUIT — of the — SPIRIT

MEN OF IRON+



Fruit Two | Joy

How Do We Define It?

Joy is satisfaction that goes beyond superficial happiness and smiles at present challenges.

What Does It Look Like?

James 1:2-4 & Hebrews 12:1-3

1. Confidence in the midst of challenges in order to persevere and mature.
2. Being fixated on the pleasures and promises of God.

How Do We Do It?

We find satisfaction in God in unsatisfying human circumstances and stay locked on our future joy.

Let's Unpack It

- What do men often pursue to find happiness in life? Why do they pursue it?
- Do you believe men are willing to leave the superficial pursuits in order to experience true, lasting joy? Why or why not?
- What challenge or trial are you struggling to face with a smile?
- If "present joy in present suffering" comes from pursuing God, how do you plan to pursue Him?

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