



FRUIT — of the — SPIRIT

MEN OF IRON+



Fruit Four | **Patience**

How Do We Define It?

Active endurance and commitment in opposition from evil and suffering that is willing to wait on God.

What Does It Look Like?

Moses, Joseph & Ephesians 4:32

1. Godly action in circumstances and relationships combined with long-suffering that waits on the Lord.
2. Modeling kindness, compassion and forgiveness to others.

How Do We Do It?

Waiting in trials, suffering and temptation without deterring from being obedient to God and his Word.

Let's Unpack It

- Why don't most men choose endurance and commitment in the midst of trials and suffering?
- What is the upside of trials and suffering?
- What are your thoughts on the connections between manhood/masculinity and endurance/commitment?
- Think of someone who has endured a long trial. How was their patience tested or strengthened as a result?
- What present circumstance or relationship requires endurance and commitment from you?

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