



FRUIT — of the — SPIRIT

MEN OF IRON+

Fruit Three | Peace

How Do We Define It?

Soulful calmness in moments of stress that responds to situations and relationships with harmony.

What Does It Look Like?

Luke 22:47-53 & Matthew 26:47-54

1. Jesus' response to Peter and the crowd arresting Him in the Garden of Gethsemane.
2. The pursuit of harmony and responding in peace, even in the midst of chaos. This response is rooted in the belief that God is in control, so I don't have to be.

How Do We Do It?

We make peace in our souls with God in order to experience His peace in our life.

Let's Unpack It

- How does pursuing the things of God lead to more peace in your desires and relationships?
- How can a desire for control lead to a lack of peace in your life?
- What does pursuing peace on behalf of others look like practically?
- What situations and relationships in your life lack peace, and what step do you need to take to trust God's control in those areas?